

Desert River Clothing List

The Woods Project June 27- July 10,2024

River travel in the desert can be many things such as hot, dirty, muddy, sandy, wet, and unpredictable. Everything you take on the river needs to be rough and tough. Synthetic materials, or wool, are required in almost everything because of their ability to dry after getting wet. However, cotton is also a valuable tool in desert conditions for its breathability. Performance and comfort is important in order to protect you. This list is based on all the potential variables in desert river travel. Please adhere to it to the best of your abilities.

Required clothing list

- Lightweight long sleeve shirt (2)
- T shirt (2)
- Quick drying shorts (1)
- Loose fitting light cotton or quick dry pants (1)
- Long underwear synthetic top (1)
- Long underwear synthetic bottom (1)
- Lightweight synthetic jacket or sweater (1)
- Medium weight jacket* (1)
- Underwear (4)
- Synthetic or wool socks (4 pair)
- Bandanna* (1)
- Hat for sun protection (with visor/brim) (1)
- Wet shoes- Old tennis shoes or sandals w/strong straps* (no flip, flops) (1 pair)
- Dry shoes, durable for hiking and foot protection while hiking (1 pair)
- Rain gear* (1 top and bottom)
- Warm hat (ski beanie)* (1)

Additional suggestions

- Lightweight gloves (1)
- Bathing suit (1)
- Cell phone protection sleeve
- Lightweight day pack
- Extra pair of light packable shoes
- Example (cros)

Required Personal Gear

- Screw top water bottles* (2)
- Sunglasses (2)
- Sunglass Keepers (1)
- Sunblock (1)
- Lip balm with SPF (1)
- Moisturizing Lotion (1)
- Insect repellent (1)
- Toilet Kit (toothbrush, small tube toothpaste, small biodegradable soap , comb or brush) (1)
- Small flashlight or headlamp with batteries (1)
- Small towel (1)

Required Sleeping Gear

- Sleeping bag (light weight, mummy style)* (1)
- Flat sheet (for sleeping when hot) (1)
- Sleeping pad* (1)

Many people sleep best in their personal sleeping bag. You're encouraged to use yours as long as it is a lightweight mummy style that packs easily.

Travel clothes (highly encouraged)

- Underwear (2)
- Socks (1-2)
- Pants (1-2)
- Shirts (2)
- Shoes (1)

Travel clothes refer to a separate set of clothes that are to be worn during travel days. They will be changed out of upon arrival and packed away for the end of the trip. They will not go on the river and are meant to be a clean reprieve once out of "adventure mode."

The BOEC will provide kitchen gear, PFD'S dry bags for clothing and sleeping bags and tents. Items marked with an asterisk (*) can be provided by the BOEC if notified in advance. BOEC is not responsible for lost or broken items during the trip.

If you would like to borrow certain items or have questions, please feel free to contact us at 970-453-6422 or email us at Claire@boec.org