



Packing List

This packing list will help you decide what to bring and how to pack for your trip! You may not use all of the items on this list but they will help you prepare for a wide variety of conditions.

It is best to pack your gear in a small duffel bag or soft sided suitcase. Here you will transfer your gear into dry bags provided by Wilderness Inquiry, unless you have your own. Space is limited in the kayaks, so pack lightly. Any unneeded gear or clothing can be stored at Base Camp during your trip.

CLOTHING, OUTERWEAR AND GEAR:

- Pants – 1-2 pair (quick-drying nylon or other synthetic works best)
- Insulating top – 1 heavy and 1 light, depending on the forecasted nighttime temperatures (fleece or wool recommended)
- Lightweight long sleeve shirt (for sun protection)
- T-shirts – 2-3 (synthetic is recommended)
- Long underwear – 1 pair of tops and bottoms. Recommended for mid-late June and mid-late August/September trips.
- Wetsuit Underlayer – Wilderness Inquiry will provide you with a wetsuit. Bring a swimsuit or shorts and a t-shirt to wear under the wetsuit. This clothing will get wet. Slim fitting, quick drying nylon, or spandex is best.
- Wetsuit Overshorts – 1 pair of shorts, large enough (athletic material) to fit over your wetsuit to prevent abrasion to the wetsuit. These will get wet.
- Shorts – 1-2 pair to wear around camp or on hikes. Synthetic, quick-drying is best.
- Swimsuit
- Underwear - Enough to keep you happy.
- Wet-shoes – one pair of durable, closed-toed shoes to be worn while kayaking. (for example: old tennis shoes, water shoes, or Keen type sandals)
- Camp shoes – one pair of shoes to be used when off the water around camp.
- Tent slippers/sandals or shoes - to keep our tents in good condition, we ask that you do not wear your camp shoes inside your tent. Using slippers/sandals or going barefoot are recommended.
- Hats – 1 to protect from rain/sun and 1 warm stocking cap for cool weather.



WILDERNESS INQUIRY

- Water bottle – plastic or metal water bottle or canteen.
- Flashlight or headlamp – bring extra batteries.
- Sunglasses – a sports strap to hold them on is helpful.
- Small day pack or dry bag – to hold items you'll want during the day.
- Toiletries – toothbrush, toothpaste, soap, etc.
- Sunscreen & lip balm – at least 15 SPF.
- Medications – if losing your meds would cause you great discomfort, consider bringing a second set and giving one to your trip leader as a backup.
- Insect repellent – avoid using aerosol cans.

OPTIONAL CLOTHING AND GEAR:

- Towel for showering at base camp
- Gloves – one pair of lightweight wool or synthetic.
- Journal and/or book
- Camera
- Change of clothes – for the ride home (packed separately).
- Several plastic bags – handy, especially to organize your gear.

Why do the materials matter?

Wool: Wool wicks moisture away from your skin, dries quickly, odor resistant, and preserves body temperature (hot or cold).

Nylon/Synthetic/Polypropylene: Synthetic wicks moisture away from your skin, dries quickly, and preserves body temperature (hot or cold).

Cotton: We try not to bring cotton on trail because it takes a long time to dry, and doesn't preserve body temperature! The one exception to this is underwear.

Tips and Tricks:

Some of the best items to bring on trail are the same clothes you wear to the gym, or to workout! Think synthetic T-shirts, gym shorts, leggings or compression pants as base layers, and old tennis shoes to wear during the day.